

## Objective

This course will establish competence in the required skills, knowledge, judgement and physical ability to provide first aid to a casualty. This competency applies to all workers who may be required to provide a first aid response in a range of situations including, but not limited to; community and workplace environs.

## Course Content

- Aims and Legal Aspects of First Aid
- Providing a First Aid Response
- Life Support
- Situational Recognition and Management
- Cardiopulmonary Resuscitation
- Infection Control Principles and Procedures
- Chain of Survival
- Automated External Defibrillators (AED)
- Foreign Body Airway Obstructions
- Burn and Bleed Management
- Anaphylaxis, Bites and Stings
- Medical Conditions
- Formative, summative and practical assessments

## Assessments

A combination of formative, summative and practical assessments are utilised to prove competency for this award. Both the formative and summative assessments are conducted online from your own smart phone, tablet (e.g. iPad) or laptop, with all formative work completed prior to the commencement of the course.

Candidates must also successfully complete all practical assessments including cardiopulmonary resuscitation (on the ground and in a kneeling position), use of a defibrillator, performing individually or as part of a first aid response team, maintaining correct stroke, volume and tempo of CPR for an uninterrupted period of 4:00 mins or greater on a training manikin.

## Award

Upon successful completion of all formative, summative and practical assessments, candidates will be issued a nationally recognised Statement of Attainment (SOA) with the following units of competency:

- HLTAID001 Provide Cardiopulmonary Resuscitation;
- HLTAID002 Provide Basic Emergency Life Support; and
- HLTAID003 Provide First Aid.

# RLSSA—First Aid (FASOA) Course

## Currency of Award

The currency period for this award is three (3) years from the date of issue however, as per Australian Resuscitation Council Guidelines, HLTAID001 (Provide Cardiopulmonary Resuscitation) must be renewed every twelve (12) months.

## Renewal of Award

Firstly, SOA's do not expire, however the competency or underpinning skill/s must be refreshed periodically as determined by the Peak Body, in this case, the Australian Resuscitation Council. This award must be renewed every three (3) years from the date of issue however, HLTAID001 (Provide Cardiopulmonary Resuscitation) must be renewed every twelve (12) months.

## Pre-Requisites

1. Access to a smart phone, tablet (e.g. iPad) or laptop with internet connectivity for the formative and summative assessments; and
2. Sufficient language, literacy and numeracy skills to successfully complete the course including; the ability to count to thirty (30), calculate basic ratios and read the time from a time device (watch or clock).

## Age Requirement

Candidates must be fourteen (14) years of age at the time of the FASOA course.

## Course Fee

- First Aid Statement of Attainment (FASOA): \$150.00

## Fee Includes

Instruction, hire of manikins, course notes, nationally recognised qualification and First Aid Manual for FASOA candidates.

## Course Duration

- First Aid Statement of Attainment (FASOA): 8 hours (1 day)

## Course Are

Presented in a logical and easy to follow manner, taught by qualified and experienced instructors within a low participant/instructor ratio (less than 18 candidates per instructor).

## How Do I Enrol?

After reviewing the course information herein and Code of Practice, please register your intent to participate within your selected course by emailing:

[contactus@alohaconsulting.com.au](mailto:contactus@alohaconsulting.com.au)

Once your email has been received, Aloha Consulting shall contact you with upcoming options for your chosen course.